

# ANSWERS

## Unit 8 Time to Spare

### Reading

- (a) trend  
(b) relies  
(c) instil
- (a) This is due to the fact that it incorporates physical activity in video gaming.  
(b) A review in 2014 found a strong correlation between exergaming and increased energy expenditure.  
(c) I think it is because exercising can be boring. It is also repetitive and like doing chores, it can get us messy and sweaty.  
(d) Yes, I believe it is a way to spend spare time wisely as exergaming gets us up and exercising. However, it may get addictive especially if it is fun. Therefore, there is need for balance and we should only spend a certain amount of time on the game screen.

### Vocabulary

#### A.

- watch a movie
- spending time with her family
- surfing the net
- play video games
- walking in the park
- listening to music
- exercising
- gardening

#### B.

- a
- a
- b
- a
- b

### Writing

#### A.

- Despite
- by
- however
- On the contrary
- Finally
- unlike
- Due to

#### B.

(Suggested Answer)

<p>Hi Nat,</p> <p>Last Monday was a swirl of activities. That's when we Malaysians, celebrate our National Day. It's on the 31st of August every year. My family and I went to Putrajaya to watch the celebration. Lots of people attended despite the gloomy weather..</p> <p>It started with a speech by our Prime Minister. Then, a march past by the soldiers and a band. This was followed by troupes of dancers performing traditional dances. Finally, there was a flypast by the Royal Malaysian Air force jets across the sky. It was a proud feeling for me to be part of it.</p> <p>Hope you like the postcard which is a photo of Malaysia's National Day celebrations.</p> <p style="text-align: right;"><i>Sujatha</i></p>	<p>Natasha White, 726, Anne St. Lilydale, 3140. Victoria, Australia</p>
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#### Parts of a postcard:

- stamp
- recipient's address
- greeting
- body
- closing
- sender's name