

ANSWERS

Unit 1 Waste Not Want Not

Speaking

1. Garbage that is thrown into waterways endangers marine life.
2. Use public transport and carpool to produce smaller carbon footprints.
3. Solar energy is free and non-polluting.
4. Decomposed plant material is used to make compost.

Reading

A.

1. acts of deforestation
2. equivalent tons of carbon
3. put all garbage together

B.

The two advantages are saving in electricity bills and reducing carbon footprints.

C.

Student's own answer.

D.

- (a) emissions
- (b) to take something or someone to an appointed place

Grammar

A.

1. B
2. A
3. B
4. C
5. C

B.

1. A
2. B
3. A
4. B
5. A

C.

1. buy
2. go
3. start
4. hike
5. are

Listening

A.

1. Recycle
2. Reduce
3. Reuse
4. save fuel

5. emissions of pollutants
6. death of plants
7. animal life

B.

1. keeping the environment clean
2. recycle
3. natural resources
4. fuel, emission of pollutants
5. freely, plants and animals

C.

- (a) 5th June
- (b) United Nations
- (c) Awareness, global warming
- (d) Action
- (e) mother, great provider

Writing

45, SS24/29,
Taman Kebun,
23400 Melaka
1 May 20__

Dear Elsa,

How are you? Still very busy with your green efforts in your house? My family and I are fine. My parents are busy with the urban farming project in our neighbourhood. I'm writing to boast of my involvement in green efforts too.

The school launched a green campaign, 'Love Mother Nature' two months back. I am so caught up with the project. It is the brainchild of the school PIBG with the support of many households in the neighbourhood.

One of the objectives is to create and increase awareness and love of nature and to strive for environmental sustainability. Parents feel that we should start at the grassroots level with young people. Another objective is to increase awareness of health and environment, which our health is infinitely linked to conditions in the environment.

Activities included tree planting, composting, making handicrafts from recyclable materials and starting a herbal garden. The activities will instill in students good attitude of love for nature and creativity in recycling materials.

The activity I like most is the starting of the herbal garden. All sorts of spice plants have been planted and looking after the plants is done by pupils after school. We water the plants and do weeding. We use the soil from the compost made by our own hands.

Like me, many of the students are happy with the project. They have taken up their duties and tasks seriously. The herbal plants are well taken care of and so are the compost heaps and craft products.

That's all for now. Let's fight and protect mother nature! Bye for now.

Sincerely,
Rebecca

ANSWERS

Unit 2 Live and Let Live

Speaking

1. advice
2. did not accept
3. camper van
4. selective
5. pickup truck
6. safety in numbers
7. uncomfortable
8. motorcyclists
9. cheerfully responded
10. careful

READING

A.

1. choosing	2. stress	3. hopping	4. and
5. short	6. might	7. shopping	8. in

Grammar

A.

1. gone
2. gone
3. been
4. been
5. gone
6. been

B.

1. B
2. A
3. B
4. A
5. B

C.

(accept any suitable answers)

Listening

A.

1. manual
2. realistic
3. active
4. impulsive
5. urban
6. obligatory
7. miserly
8. pessimistic

B.

1. (e) long established
2. (d) full of pressure

3. (g) based on what is generally done
4. (b) relating to a particular season of the year
5. (h) spendthrift
6. (a) outstanding, special features
7. (c) having good health
8. (f) able to last or continue for a long time

C.

1. heartening and gratifying
2. good
3. inconvenient
4. necessary
5. disabled

Writing

I Love Travelling by Rizal Asman

Travelling is the act of leaving home to go to another place for a period of time and mainly for pleasure. People travel for diverse reasons ranging from work to pleasure. Personally, I have certain feelings or reasons for my love of travelling like happiness, surprise and interest.

Happiness – I love the excitement of it all – an explorer on journey of discovery. Every minute is filled with happiness, excitement and expectations of bundles of fun. I love the rush of excitement irrespective of whether it is a short travel for a day or two or a long vacation of weeks. I have fun and happiness.

Surprise – Local and world travel broadens your mind in so many ways – new people, new experiences and you can let your hair down. It is a happy time to dance and sing with fellow travelers. I get to see how the world lives. I touch nature and feast my eyes on diverse scenery.

Interest – I love meeting new people. Travelling allows me to meet people and new friends with different ways of life and culture. The world is full of friendly, generous people, interesting in their own ways and getting to know them enriches my life and outlook. I learn about the differences and embrace the similarities of our cultures.

Logistics and simplicity – Landing in a new place and trying to figure it all out myself – local currency, communicate in the local language and go from point A to point B? Land, sea or air transport? Personal – pack right? Everything in one bag?

Finally, I love the freedom. I experience a great feeling of independence from traveling solo. I can go wherever I want, whenever I want. I can sleep in. I can stay out late.

It's all up to me. I am my own master in my life.

ANSWERS

Unit 3 Fit As a Fiddle

Speaking

A.

- (a) trying out
- (b) in the pink of health
- (c) to your heart's content
- (d) in fits and starts
- (e) a fine time
- (f) taken up
- (g) call up
- (h) wake up
- (i) catching up
- (j) looking up
- (k) nothing ventured nothing gained

B.

- (a) Nutrients from red fruits and vegetables have health benefits.
- (b) Complaints about garbage collection can be solved by complaining to the right channel.
- (c) Making people aware of recycling benefits each and every one.

READING

A.

1. clean Banting Beach
2. Coastal Clean-Up
3. one day
4. 50 students, locals
5. should be clean
6. waterway clean continuously
7. a thousand kilograms

Grammar

A.

1. How long have we left the chicken in the oven?
A For thirty minutes.
2. How long has he enrolled for the self-defence class?
B Since the bullying incident last week.
3. How long have they not travelled anywhere?
A For two years.
4. How long has the cat not leave the house?
B Since morning.
5. How long has she talked about going to Terengganu?
A For two weeks.

B.

1. left, have left
2. have taken, took
3. signed, have signed
4. did you see, seen
5. closed, has closed

Listening

A.

- (a) Raja Muda Forest Reserve
- (b) 150 , 600
- (c) Replant
- (d) Promote
- (e) drones

- (f) climate change
- (g) greenhouse gas emissions
- (h) World Wetland Day

B.

1. equipped
2. replant
3. monitor
4. contribute
5. promote
6. reduce

C.

1. be an evidence of or bear witness to
2. establish
3. refute
4. verb
5. He was told to demonstrate his skill.
6. demonstration
7. demonstrative

Writing

A very good morning to the Principal, teachers and students. It is an honour to be here to speak on great health and happy living. I'll touch on good nutritional habits and a balanced active life.

As you all know, good nutritional habits are very important. Our health depends on our eating habits which should begin from childhood, or otherwise one may have problems like obesity and ill health. With regards weight, the best indicator is the Body Mass Index (BMI), as for portions of food, a good portion would be the size of your palm. You feel hungry when there is an empty feeling in your stomach. You cannot concentrate on your work. Listen to your body and you will know when you are full.

Take a variety of greens and fruits in as many colours as you can. Include browns as in brown bread and brown rice. Make sure you have an adequate amount of calcium and protein. Don't skip meals especially breakfast. This is the most important meal of the day.

Besides food, you must maintain a good level of activity and include some form of exercise in your daily routine. Like food, exercise is part and parcel of a balanced active life. Do some walking or a simple workout outdoors for about half an hour a day. being active not only helps to develop physically but also stimulate your minds to work better. When watching television or mobile phone, stay with educational programmes which stimulate the mind intellectually.

Exercise does not need to take up a lot of extra time. Work it into your daily routine. Try different activities like outdoor and indoor activities. Expose yourself to more adventurous activities to foster a greater interest in keeping fit the right way.

Remember that a healthy life is in your own hands – eat right and exercise right.

I hope that I have helped in making all of you understand and practise good nutritional habits. Thank you for your time.

ANSWERS

Unit 4 Thumbs Up IT!

Speaking

A.

1. High Tech Workshops
2. open invitation
3. creativity to the test
4. no clash
5. mind-expanding adventures
6. robotics
7. talk it over
8. 5-day ET Camp
9. at our fingertips
10. lot of flipping

READING

B.

1. students in rural areas
2. 78 other inventions
3. need a source of energy
4. A rechargeable lead-acid battery stores energy
5. It took two months and the cost was RM200
6. I think their primary aim is to enable rural students have a source of energy while entry for the international competition is secondary because they started on the invention with the aim of helping rural students

C.

(Student's own answer)

Grammar

A.

1. tell
2. fell
3. makes
4. think
5. closed
6. was
7. thinking
8. holds

B.

1. next month
2. tomorrow
3. soon
4. five minutes' time

C.

1. soon
2. next month
3. tomorrow
4. later

(accept any suitable answers)

Listening

B.

1. keep cool
2. rant of disappointment
3. acted firmly
4. stood my ground
5. dangled the carrot

C.

1. (c) speak or shout in an angry, impassioned way
2. (a) stared or watched fixedly or steadily
3. (e) bombard with something unpleasant
4. (b) give an incentive or encouragement to someone
5. (d) recommended or suggested

Writing

A. (accept any suitable answers)

B.

Teenagers and social media

A survey on teenagers and the social media was carried out to understand the reason for using the social media. 100 teenagers from the neighbourhood participated in the survey. The results were interesting and we found varied reasons for the use of social media.

More than half of the respondents said that the social media enables them to stay in touch with what friends are doing. They exchange news about their activities, when and with whom these activities are carried out. As a lot of their friends are on the social media, the teenagers interviewed felt that they do not want to be left out. Usually, those who are shy or introverts do not join in the chats.

Using the social media is according to about a quarter of the respondents, a good way to meet new people and for general networking. Rather than taking the risk of meeting unreliable friends at malls or public places, one may find friends on the social media. Through this general networking, one may pick up certain skills and be more aware of the types of friends or acquaintances to know or avoid. You learn to pick and choose from their messages. It is considered as a good way to use one's free time. You can look through the videos, chatgroups and turn off those that are not suitable or undesirable.

Through the social media chat groups, the respondents said they can share photos, videos and opinions. Another reason is one can find funny and entertaining contents and get information on social issues, food and fashion. One can do research for school work and also help family members to buy or sell things. Lastly, the social media enables them to stay up-to-date with global news and current affairs. Reading newspapers is considered a thing of the past.

ANSWERS

Unit 5 Smart Consumers

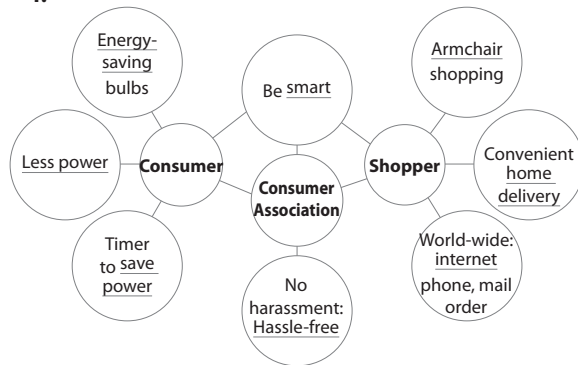
Speaking

A.

1. sneakers
2. price
3. a rainy day
4. heavy rain
5. lots of inconveniences
6. pours and catches
7. emergency fund
8. need and want

Reading

1. smart consumer, shopper
2. energy-saving bulbs, timers
3. (a) hair-pulling (b) terms and conditions
- 4.



Grammar

A.

1. left
2. didn't invite
3. planted
4. adopted
5. signed
6. volunteered
7. didn't wash
8. closed

B.

1. were cooking
2. was asking
3. weren't decorating
4. were trying
5. was running
6. were stirring
7. was screeching
8. was dumping

C.

1. talked, was teaching
2. was departing, reached
3. tried, was holding
4. was ringing, was raining
5. caused, was attempting

Listening

A.



B.

1. tight budget constraints
2. abstract
3. games, cut-out cartoons
4. information about money
5. strong financial habits

Writing

A.

Dear Ida,

I'm glad to be able to help you. The lines are from a poem about people and money, isn't it? The literal meaning of the lines are as follows: Money ties, chains or imprisons people like captives. Compared to other forms of restrictions, money is the worst. The last two lines advise people not to be so obsessed with money so that they can live a free and better life.

Hope that helped.

Diana

B.

How to Save Money By Haslinda Hamid

As long as people have started to work for a living, they have realised the need to save especially for survival and a rainy day. It's an age-old practice even in the animal world. Squirrels store their nuts for the winter season and birds save food for their young ones in their nest.

When we start working, we know our earning power. This influences our way of life and ultimately our need and ability to save. We hope to be able to live a comfortable life for as long as possible even in our old age. So, what we save will make a world of difference in times of unexpected circumstances and the future. Whether we are earning big or small now, we should save a percentage of our earnings.

To start saving, we should know our spending pattern. Do we buy only what we need? Do we splurge of what we want and not what we need? Be aware of what we spend on in a day, week or month. Buy only what we need and watch our purse strings.

Have a money bank, that is a coin box to keep our savings of coins or dollars. It need not be something fanciful – even a shoebox will suffice. Put in whatever small change we have.

Finally, take an adult and mature step – start a savings account in the bank. We could talk to our parents to get their help to do it properly. They might even pamper us by giving us a sum of money to start off. Take whatever is in the money bank at home and save it in the bank account.

Now, that we know about savings, let's go on and save big.

ANSWERS

Unit 6 Money

SPEAKING

A.

1. expense
2. needs
3. want
4. earn some money
5. put off
6. cost the earth
7. saved up
8. chores to do at home
9. daily chores
10. weekly
11. are out of town for a week
12. some allowance
13. allowance
14. pay

READING

A.

- (a) become interested and engage in a certain activity
- (b) act or behave in the correct manner
- (c) adhere to a belief or attitude

B.

1. They term themselves as 'shopaholics' and I feel the term is apt and very applicable
2. Keen Walker takes up physical activities while 'Pound Wise' and 'Money Smart' take up window shopping.
3. It can be acceptable or not depending on the problem. Publicising personal problems over social media may get a lot of feedback but the advice may not be acceptable. Discretion is the better part of valour.

GRAMMAR

A.

1. going to babysit
2. going to mow
3. going to make up
4. going to wash
5. going to start

B.

1. Are you going to do the washing for all of us?
2. Are we going to deliver newspaper this school holidays?
3. Is she going to program the cash register for the shop?
4. Is Alvin going to get a part-time job to save money for the trip?
5. Are they going to set up an eatery in the new mall?

C.

1. going to make
2. going to hold
3. going to support
4. going to ask
5. going to be carried out
6. going to learn
7. going to feel
8. going to have

LISTENING

A.

1. Curbs, save
2. Helps, spending
3. Stops, spur of the moment
4. Teaches, need

B.

1. waiting 30 days before purchasing anything
2. to lose interest in the item
3. to control our spending
4. shopping for fun

C.

- | | |
|----------|-----------|
| 1. earn | 4. borrow |
| 2. spend | 5. owe |
| 3. lend | 6. saves |

WRITING

A.

(Students answers)

B.

10, Jalan SM14A
Taman Sri Manis.
47000, Selangor
4 April 20..

Dear Aunt and Uncle,

Words cannot express my happiness when I opened your birthday present. I shouted with joy and hugged the gift voucher so tightly that I almost tore it. Mum and Dad smiled and shook their head in disbelief. Thank you for your generosity. They promised to take me shopping for a mobile phone, the latest if possible, as they agreed to top up for the price.

My birthday party went very well. My friends and your nieces and nephews enjoyed themselves very much. Mum baked a cake – a two-tiered cake shaped like a key to celebrate my coming of age, so to speak. Sixteen is a great age and I'll learn to prepare myself for college and staying away from home.

Dad got me a motorbike which is a huge surprise. He has always been against my riding anything on two wheels. Mum was flabbergasted too until he explained that learning to ride a bike will prepare me to be more mobile in campus. How thoughtful and loving of him! Grandma and grandpa came all the way from Batu Pahat to join in the fun. It was so sporting of them to leave their orchard to spend a few days with us. They brought me shopping and told me to choose something I need or want. I chose a pair of sneakers which I need and a T-shirt that I had wanted for quite some time.

All in all, the presents I received are to my liking and I will treasure them especially when I have to leave home for further studies. My first call on my new phone will be to my favourite aunt and uncle.

That's all for now and thank you once again.

Your loving niece,
Elsa

ANSWERS

Unit 7 Journeys

SPEAKING

C.

Means of Transport		
Land	Water	Air
car	ship	planes
lorry	water raft	helicopter
truck	sailing boat	hot air balloon
bus	liner	
train	ferry boat	

D.

(ii)

- Base Station
- Oriental Village, Machincang mountain foothill
- Middle Station
- Top Station
- 1700 meters
- 450 meters
- 650m above sea level
- 708m above sea level

READING

B.

- This is because a ban on double amputee climbers was lifted.
- He had a type of blood cancer.
- I feel he is brave and his determination is inspiring.
- Extreme weather conditions and natural disaster

C.

summit as prohibit as encountered as venture as tenacious
peak ban faced attempt persistent

GRAMMAR

A.

- Janet hasn't read all these books
Has Janet read all these books?
she has
she hasn't
- they haven't
- We have been on a Cuti-Cuti Malaysia trip.
have not been
we have
- He has seen the waterfall.
has not seen
Has he seen the waterfall?

B.

No.	Infinitive	Simple Past	Past Participle
1	eat	ate	eaten
2	travel	travelled	travelled
3	know	knew	known
4	take	took	taken
5	bite	bite	bitten

C.

- have, planned
- has not written
- has taught
- have not slept
- has sent

LISTENING

A.

- cycle
- walking
- hiking
- gliding
- sail

B.

- ran
- sliding
- queued
- hiking
- sail
- cycle

C.

- see my sister off
- look around
- speed up
- get on
- check in
- drop me off

WRITING

Seeing the thrills of a scenic island

I spent three days and two nights on Pulau Bayu Bersih with my sister. It is such a scenic island surrounded by crystal clear water and tiny lagoons. The beauty of the island actually swept us off our feet. We really escaped the hustle and bustle of city life and enjoyed being close to nature. We felt a bit guilty about being able to enjoy so much nature.

I have been to other islands but this one takes the cake. We had loads of fun doing all the activities in the sea and on the beach. On the first day, we went diving beneath the emerald green sea. We dived with the dugongs and were thrilled by the spectacular marine life in the coral reef. In the afternoon, we did some water activities. I tried kayaking on my own while my sister did canoeing with another guest. Initially, I was a bit nervous but as I got the hang of it, it was really wonderful.

On the second day, we went to Angler's Paradise for deep sea fishing for mackerels, snapper, and grouper. It was my first attempt at fishing. Whatever we manage to get were barbecued for dinner at the beach.

We ended the trip with a visit to the mangrove swamp to explore and see the wetland plants and animal life.

It was a wonderful trip and I hope that all my friends will go there one day.

ANSWERS

Unit 8 Good Luck Bad Luck

SPEAKING

A.

1. referee
2. sportsmanship
3. athlete
4. penalty
5. draw

READING

A.

1. C
2. B

GRAMMAR

A.

1. since
2. for
3. since
4. for
5. since
6. since
7. for
8. since
9. for
10. since

B.

1. left, have left
2. have taken, took
3. signed, have signed
4. did, see, seen
5. closed, has closed

LISTENING

A.

1. wau
2. basketball
3. cycling
4. fishing
5. football
6. wall climbing
7. congkak
8. ice hockey
9. roller skating
10. bowling

B.

1. dribble
2. skate
3. kicks
4. bowl
5. climb
6. fly

C.

A

1. Eat up all the food on your plate

2. Walk around and not under a ladder

3. Don't sweep the floor at night

4. Cutting nails at nights is discouraged

5. Shatter a mirror

6. Don't shake your legs nonchalantly

7. Touch wood

B

(a) Asking for bad luck to befall you.

(b) Good luck is swept away and replaced with bad luck

(c) Ensure something you're going to do will turn out well

(d) Shaking away one's wealth and prosperity

(e) Your future spouse will not be attractive.

(f) You will have years of bad luck

(g) Equal to sniping away your lifespan or premature death

WRITING

To:	Friends of Happy Happy Group: hhg@gmail.com
From:	jk99@gmail.com
Subject:	Participation in sporting event

Hi, everyone.

I just returned from an exciting, exhilarating and exhaustive two-day sporting challenge. I was there with three schoolmates who are into sports and games. We wanted to try out as many of the games and competitions as possible. It was exhilarating and tempting as we know we would never have a chance to try our hand at so many different sports in such a short time – two days!

There were matches in outdoor games like football, basketball and netball. Fun activities like wall climbing and roller skating were carried out in an open area. They attracted a lot of spectators and at the roller skating, there are professionals who showed unbelievable control of the skates and some fancy footwork. The spectators were invited to roller skate. I couldn't resist the thrill and of course, I lost my balance and fell flat on my bottom a few times. It was embarrassing but eye opening. I should go for proper training before attempting anything out of my league.

I tried my hand at skating too and the same thing happened. My friends had a good laugh and it was great even though my bottom hurt a bit! We will definitely not make it to the pool of talents!

To get out of all that tumbling, we decided to try something safer. We went for local art and craft that is the wau making and top spinning. The craftsmen showed the process of making waus and the proper way to fly them. Top spinning looked easy but I couldn't get the tops to spin let alone stay spinning. Finally, we found the activity that we could and did well – treasure hunting within the neighborhood. Abang drove us around and our enthusiasm knew no bounds as we deciphered the clues and traced the elusive treasures. But, we did it – we won first place!

I'll end the email here. Tell you more in person later.

ANSWERS

Unit 9 Take Care

SPEAKING

A.

1. jogging
2. exercising
3. eating vegetables
4. drinking - water

B.

1. stressed
2. concentrate
3. health and well-being
4. studies
5. verbal bullying
6. derogatory
7. laughed at
8. reach out
9. trusted adult
10. freak out

READING

A.

1. C
2. E
3. D
4. F
5. A
6. B

GRAMMAR

A.

1. should
2. should
3. Shouldn't
4. shouldn't
5. should
6. shouldn't

B.

1. mustn't
2. must
3. must
4. mustn't
5. must
6. mustn't

C.

1. You shouldn't ignore. You should inform the sales personnel.
2. You must wear your school uniform to school
3. You mustn't make so much noise
4. I must clean the porch before she gets home
5. You should be attentive when you are driving in heavy traffic

LISTENING

B.

- (a) raw seeds
- (b) Fresh fruits
- (c) vegetables of different colours
- (d) digestion

- (e) Water
- (f) 6-8 glasses
- (g) diet coke
- (h) Avoid sugary
- (i) calories
- (j) salt intake

C.

1. snacks
2. nutrients
3. digestion
4. water
5. Calories
6. protein

D.

1. (b)
2. (c)
3. (a)

WRITING

A.

Sorry to hear about the dilemma you are in – you don't want to disappoint your parents and a camping trip is definitely not to your taste. However, I feel you should give it a try. A camping trip can be enjoyable. Recently, I joined a group of friends on a camping trip and it was really great to be in the open with nature. You need not stay out under the sun the whole time. I'm sure there are sheds or shacks around. Hiking can be done in the morning and I'm sure your co-campers would also favour doing it in the cool crisp air and not hike under the hot sun. Your parents want you to be healthy and not be so house-bound tied down by computer games. You should go for the camp!

I would cheer you on.

B.

Dear Diana,

Your problem does sound serious and I can understand your distress. Do you remember that I went through the same situation last year? Fortunately, a friend recommended some tips. They will help you too. First of all, remind yourself that you are not in the wrong and that the bully is making a bad choice. You have the right to feel safe and secure at all times. Talk to an adult, someone you are comfortable with and whom you can trust. This will help you regain your self-confidence. When the bully sends another message, message back firmly and tell him off that he has no right to cyberbully you. Invite him for a face to face confrontation and watch out for his reply. When you show that you are fearless, the bullying will stop.

I hope this has helped in some way. Contact me when you get another message. I'll help you write out a curt but firm no-nonsense message.

ANSWERS

Power Up PT3 Format Practices

Reading

PART 1 SHORT TEXT (MCQ)

PRACTICE 1

1. C
2. A
3. B
4. C
5. C
6. A
7. C
8. B

PRACTICE 2

1. C
2. C
3. A
4. B
5. C
6. B
7. A
8. A

PRACTICE 3

1. A
2. A
3. A
4. C
5. A
6. A
7. A
8. A

PRACTICE 4

1. C
2. B
3. A
4. B
5. C
6. A
7. C
8. A

PART 2 ERROR CORRECTION

PRACTICE 1

1. rapidly
2. encountering
3. flies
4. fast
5. may
6. large
7. getting
8. natural

PRACTICE 2

1. elderly
2. rider
3. special
4. unfortunately
5. decided

6. youths
7. It
8. him

PRACTICE 3

1. helps
2. your
3. participation
4. Without
5. based
6. encouraged
7. truest
8. merely

PRACTICE 4

1. reduces
2. believed
3. anywhere
4. begin
5. smartphone
6. normally
7. about
8. unhealth

PART 3 INFORMATION TRANSFER

PRACTICE 1

1. 25% fish species
2. ecological balance, diversity
3. entire reef ecosystem
4. livelihood of fishermen
5. minerals in water
6. coral bleaching
7. playing, stepping, sitting
8. carelessly dropped anchors

PRACTICE 2

1. top of 272-steps
2. Lord Murugan statue
3. Thaipusam in January
4. 4000m, UNESCO
5. 185 climb permits
6. Kinabalu National Park
7. karst limestone pinnacles
8. massive cave system

PRACTICE 3

1. Haru Matsuri
2. Ground floor atrium
3. COSPLAY competition
4. 30
5. chosen character portrayal
6. Workshops, demonstration, contest
7. dance performances, photo-taking
8. colouring competition

PRACTICE 4

1. Shah Alam Botanical
2. Sunway Extreme Park
3. Shah Alam Extreme
4. Fulfills excitement needs
5. Broga Hill, Semenyih
6. Bukit Jugra

7. Non-powered, easy, manageable
8. Motorised, skill, mastery

PART 4 SHORT ANSWER

PRACTICE 1

1. idyllic pace
2. Malay traditional village
3. built on stilts
4. the local community
5. road congestions
6. little shack
7. Javanese culture
8. Adat Perpatih
9. languorous
10. hindsight

PRACTICE 2

1. from Selangor Dam
2. Asia Camo, KKB
3. basic water manoeuvres
4. safe and dry
5. and no slippers
6. proper attire
7. to get sunburned
8. an extreme sport
9. manoeuvres
10. optional

PRACTICE 3

1. his childhood
2. to society
3. cancer survivor
4. orchid growing
5. car-free event
6. International Women's Day
7. empower women
8. women entrepreneurs
9. green fingers
10. entrepreneurs

PRACTICE 4

1. turtle protection efforts
2. 30,000th
3. community beach cleaning
4. conservation efforts
5. beach cleaning
6. lay their eggs
7. Walai Penyu Conservation
8. recipes
9. heart-warming
10. milestone

PART 5 MATCHING (GAPPED TEXT)

PRACTICE 1

1. D
2. A
3. F
4. H
5. B
6. G

PRACTICE 2

1. E
2. H
3. A
4. B
5. G
6. C

PRACTICE 3

1. C
2. G
3. A
4. D
5. H
6. B

PRACTICE 4

1. D
2. H
3. B
4. G
5. C
6. E

Writing

PRACTICE 1

PART 1

Dear Ethan,

Welcome to the club of vegetable gardeners. Here are some tips to start you off. First, pick a location in your garden with at least eight hours of sunlight per day. If you are using seeds, follow planting directions on seed packets and transplant when they become seedlings.

Alternatively, I could give you some seedlings. Consider the varieties labelled as resistant to diseases. Most importantly, plant what you like to eat. It's good you have decided to start small as you should be able to properly care for them during the growing season.

Be prepared to make and experience failure. Don't be discouraged. That's for now – food for thought.

Call me when you are really ready.

Yours sincerely,

Halim

PART 2

Good afternoon Pn Latifah, President of the club and all present, thank you for inviting me to talk on the benefits of using eWallet. As all of us are very much aware, the world is getting more digitalised, the use of mobile eWallets is set to rise. We are moving towards becoming a cashless society, let's think of the benefits of using the eWallet.

First of all, a mobile wallet, when used correctly, can be a budgeting tool. One can do this by predetermining the budget for something and use only the wallet for these purchases. For example, you might decide to use it for your lunch. You assign a fixed amount each month. When your mobile wallet runs low, you know you have to go for lighter meals. In this way, you can keep track of your spending. It also accounts for small deductions you may overlook.

It is safer to use a mobile wallet in some circumstances. If you're moving around alone like shopping in a mall, it can be dangerous to carry large amounts of cash. By putting the money in your mobile wallet, you can ensure you don't become a target for pickpockets.

Payments through a mobile wallet can be faster and more convenient than a credit card. You don't have to key in your personal details. You can even get a simple meal at a hawker centre or a snack fast food centre. Some mobile wallets give you reward points for spending, just like credit cards.

There are drawbacks to using a mobile wallet like it can encourage spending or the risk of dropping the wallet. However, the benefits outweigh cash payments. One should be cautious not to expose your password or other account details.

PRACTICE 2

PART 1

Dear Liza,

Thank you for your message and for coming to me for advice. It is a tricky situation and I myself would have found it difficult to make the right decision. I thought about it and decided to tell my aunt.

She lives in the lane next to yours. She promised to look into it and she did. She approached the girl in the playground and managed to make her open up. Surprised? My aunt is a cool person and can talk to anyone and anything, meaning her dogs and birds. You should see how they respond to her.

Apparently, the girl is downcast because her grandmother living in Kedah is very ill. She wants to visit her but have to wait for the school holidays.

So, I hope you are happy with the situation. See you next week in school.

Regards,
Anna

PART 2

Learning a New Language

Learning a new language may be done for a variety of reasons. The most important is one's self-interest and the need to test one's capability to learn something not native. One can learn through the countless smartphone apps and software programs. For successful self-study, there are certain useful tips.

One must set clear goals. Be clear about your reasons for learning a new language. This will help one to work hard to the end. What are your goals? Do you want to write better in the language you have already mastered? Do you want to be able to read more books in the language or to be able to converse better? Whatever the motive, one-on-one tutoring will be most useful. You get to hear, converse or even sing in the language.

Have fun learning the language and you will definitely master it to your heart's content. Learn the language through games when you can role-play or simulate the characters and actions in the games. Games provide high conversational elements and these with their jokes, funny lines and colloquialism will definitely enrich your grasp of the language.

You will learn well if you know your preferred learning style – visual, auditory, reading or writing. If you are a reader or writer, look out for magazines or books. For visual and auditory learners, go for a digital audio file over the Net.

Lastly, find a partner who shares similar goal and some common interests with you. You can exchange conversations, vocabulary search and writings.

Whatever your goals or interests, work with an open mind, enjoy and have fun. Work hard and don't give up.

PRACTICE 3

PART 1

Hi Sharifah,

I'm more than happy to help you choose an appropriate book. I can suggest a few titles and give tips on how to choose a book. The final choice is up to you.

One way to choose a good book is to surf the web where new and old books are listed. They provide reviews of books too. When you pick up a book, an easy way is to study the book's front and back covers. The front gives an attractive graphic that symbolises the message of the title

while the back cover gives a summary of the story. The best advice is to browse, pick and then skim through the contents.

I would recommend these two books, *The Gatekeeper* by Noraliah Norasid and *Marriage and Mutton Curry* by M. Shanmughalingam.

Hope that will be helpful. Best of luck.

Munirah

PART 2

How to Save Money

As long as people have started to work for a living, they have realised the need to save especially for survival and a rainy day. It's an age-old practice even in the animal world. Squirrels store their nuts for the winter season and birds save food for their young ones in their nest.

When we know our earning power, it influences our way of life and ultimately our need and ability to save. We hope to be able to live a comfortable life for as long as possible even in our old age. So, what we save will make a world of difference in times of unexpected circumstances and the future. Whether we are earning big or small now, we should save a percentage of our earnings.

To start saving, we should know our spending pattern. Do we buy only what we need? Do we splurge on what we want and not what we need? Be aware of our spending habits. Buy only what we need and watch our purse strings. Have a money bank, that is, a coin box to keep our savings of coins or dollars. It need not be something fanciful – even a shoebox will suffice. Put in whatever small change we have.

Finally, take an adult and mature step – start a bank savings account. Our parents can help us to do it properly. They might even pamper by giving a sum of money to start off. Take the savings in the home money bank and save it in the bank account.

Now, that we know about savings, let's go and save big.

PRACTICE 4

PART 1

Hi Rachel,

I'm very surprised that you want to prepare, no, cook a dish for your friends. You're basically a no kitchen person but there's always the first time. The easiest dish I can think of for you to prepare is fried rice and a tom-yam salad.

The ingredients are cooked rice, minced garlic, diced chicken, carrots and snow peas cut to bite-size pieces and oil. After all the ingredients are prepared, you are now ready to fry the rice. Heat up oil in pan and fry the garlic till fragrant. Fry the chicken and vegetables till cooked. Pour in the rice and stir fry till well mixed. Season with salt and pepper. Your dish is ready to be served. For the tom-yam salad, you only need to cut up some hard-boiled eggs, shredded cucumber and then add the tom-yam sauce. Mix well and your salad is ready. If it sounds confusing, look at your phone inbox. I sent with pictures.

Have a good get-together and tell me how the dishes turn out.

Eva

PART 2

A morning in the park

Most weekends, I cycle around the park in the neighbourhood for exercise and to get a breath of fresh air. I leave home at about 6.30 a.m. and stay there for about two hours.

As I cycle around, I observe the activities people do there. Children are happily playing on the playground equipment like the swings, see-saws and slides or chutes. Their laughter fills the air and lightens the atmosphere. Further down the park is a pond where enthusiastic anglers wait patiently for a catch. Somebody is jumping with joy at his catch. After exchanging a high-five with his partner, his friend throws the fish back into the pond. Wow! I'm impressed.

I park my bicycle and run to the jogging tracks. I jog and run along the tracks and I am always surprised by the number of joggers. There are people of all ages and while some look serious as they pound the tracks, others are taking their time jogging slowly alternating with walking.

The best activity I see here once a month is the group of environmentally conscious people who sort out different materials for recycling. There are always piles of newspaper, papers and cardboards stacked by the side. Other than this, there are piles of crushed can, broken bits and pieces of toys and other titbits. Plastic and glass bottles and containers are packed separately. The people involved are volunteers who come here once a month to sort out the recyclable items.

It's time to go home and I cycle home feeling refreshed and ready to face another grueling week.

Listening

PART 2

- 6.** D
- 7.** G
- 8.** B
- 9.** A
- 10.** E

PART 4

- 16.** Lower Secondary students
- 17.** Individual 350-words essay
- 18.** Group 500-words essay
- 19.** 5 June
- 20.** Environmental Protection Group

ANSWERS

Summative Assessment

PAPER 1

PART 1

1. C
2. A
3. B
4. C
5. B
6. A
7. C
8. C

PART 2

9. residential
10. process
11. at
12. nearby
13. must
14. a
15. better
16. my

PART 3

17. April 12,
18. 700g and 900g
19. 3 – 4 months
20. Baby, 11 years
21. critically endangered
22. 20 years, 200
23. loss of habitat
24. poaching and pollution

PART 4

25. the empty complex
26. pint-sized explorers
27. climbing frame
28. occasionally eat penguins
29. stimulate the penguins
30. an obstacle course
31. in their tracks
32. their leg muscles
33. stimulation
34. spilling off

PART 5

35. D
36. A
37. H
38. E
39. C
40. F

PAPER 2

Part 1

Dear Aishah,

Recently I had the same problem. So I did some reading up and found some tips recommended for getting a good night's sleep. You should go to sleep at the same time each night and get up at the same time in the morning.

During the day, don't take naps after 3 p.m. and make sure your naps are no longer than 20 minutes. Stay away from caffeine and heavy meals late in the day. Make your bedroom comfortable, dark, quiet, and not too warm or cold. Follow a routine to help you relax before sleep like reading or listening to music.

I did all that and manage to solve my sleep problem. Hope they will help you too.

Yours sincerely,
Esther

Part 2

The Reading Habit

Reading is a very good habit that one needs to develop in life. Good books inform, enlighten and lead us in the right direction. There is no better companion than a good book. They really are our best friends when we are bored, lonely or annoyed and accompany us anytime and enhance our mood.

Reading helps to develop our mind, positive thinking and creative ability. There is self-improvement as it keeps our mind active. We learn to communicate more effectively with our improved vocabulary. Communication is not limited to conversational skills only but also writing skills. Through reading, we get an amazing amount of knowledge about cultures, traditions and all other aspects of society. Reading a good book takes you in a new world and helps you relieve your day to day stress and boredom. It stimulates the mind and keeps us healthy and strong. It gives pleasure as we get captivated by the contents whether it's fiction or non-fiction.

We go into a world of imagination and enhances our creativity. Writers help us explore the unimaginable, develop our thoughts and opinions. At the same time, we learn to be analytical as we come across new ideas and approaches to all aspects of life.

In conclusion, get into the habit of reading, develop and strengthen the habit. You will have the most enjoyable and enriching experience of your life.